

Vermont Department of Health

Forward-Facing Seat

# STAGE 2

# 2



Car Seat  
Safety Information  
for Parents & Caregivers

**Child safety  
seats work  
best when  
used correctly.**

**4 out of 5 parents  
can use a helping  
hand.**



- ➡ When a child has outgrown a rear-facing seat, they may be turned forward-facing. This is usually after 3 years old.
- ➡ Keep children harnessed until they reach their seat's upper weight or height limit.
- ➡ Harness straps at or above the shoulder.
- ➡ Remember to start using the top tether and install tightly.
- ➡ It is safest to keep your child in a five-point harness until your child is 5 or 6 years old or to the capacity of the seat.

**Children are safest in the back seat!**

**888-VMT-SEAT (868-7328)**

**BeSeatSmart.org**

# Forward-Facing Seat **STAGE 2**

**Children are depending on you to properly buckle them up.**

## **All Harnessed Seats:**

- ➡ Check both the car seat owner's manual and the vehicle manual for proper installation.
- ➡ Check labels to determine the correct belt path of the child seat.
- ➡ Use the seat belt or lower anchors, not both.
- ➡ The seat belt must be locked when used with a car seat. See the vehicle and car seat manuals for instructions.
- ➡ Make sure the seat is secured and snug to the vehicle with less than one inch of side-to-side movement. Check by placing one hand at the belt path and pulling.
- ➡ Place the chest clip at armpit level.
- ➡ Make sure nothing is behind or under the seat or child—no bunting, blankets or bulky clothing.
- ➡ Harness must be flat and smooth—no twists.
- ➡ Harness must be snug. If it can be pinched at the shoulder, tighten the harness.

Learn more at:

**BeSeatSmart.org**

